





Dishes and their allergen content—Week 1 Menu















* Please state the name of the cereal/s (containing gluten) AND/OR the name of the nut in that column.

DISHES		 Cereals containing gluten**	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts*	 Peanuts	 Sesame seeds	 Soya	 Sulphur dioxide
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Tomato/Basil Pasta		√ wheat												
Cheese & Onion Slice		√ wheat		√			√						√	
Cherry Shortbread		√ wheat												
Yogurt							√							
Meatballs		√ wheat												
Garlic Bread		√ wheat											√	
Carrot Cake		√ wheat		√			√						√	
Cheese & Leek Sausages		√ wheat								√				
Homemade Rice Pudding							√							
Cajun Chicken Pasta Bake		√ wheat												
Oat Bars		√ oats												
Hot Dogs		√ wheat											√	
Veggie Dogs		√ wheat								√			√	

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DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide

Muffins		√ wheat											√	
Cookies		√ wheat		√			√						√	