





Dishes and their allergen content—Week 1 Menu





* Please state the name of the cereal/s (containing gluten) AND/OR the name of the nut in that column.

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide

Tomato/Basil Pasta		√ wheat												
Cheese Pastry		√ wheat		√			√							
Herby Diced Potatoes		√ wheat												
Fruity Oaty Bars		√ wheat												
Spaghetti Bolognese		√ wheat												
Veggie Bolognese		√ wheat												
Garlic Bread		√ wheat											√	
Shortbread		√ wheat												
Sausages		√ wheat												
Chocolate Cake		√ wheat		√			√						√	
Custard		√ wheat					√							
Fishcakes		√ wheat			√				√					
Cheese/Potato Pie				√			√							
Pancakes				√			√							

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Chicken Nuggets		√ wheat												
Iced Sponge		√ wheat		√			√						√	
Veggie Dippers	√	√ wheat							√					
Yogurt							√							