## Dishes and their allergen content—Week 2 Menu

\* Please state the name of the cereal/s (containing gluten) AND/OR the name of the nut in that column.

| DISHES                            | 7      |  |                  |                 | <b>&gt;</b> | <b>*</b> |          | <b>*</b> |         | 00    | 3       | 000             | 8        | I                  |
|-----------------------------------|--------|--|------------------|-----------------|-------------|----------|----------|----------|---------|-------|---------|-----------------|----------|--------------------|
|                                   | Celery | Cereals<br>contain-<br>ing<br>gluten** | Crusta-<br>ceans | Eggs            | Fish        | Lupin    | Milk     | Molluscs | Mustard | Nuts* | Peanuts | Sesame<br>seeds | Soya     | Sulphur<br>dioxide |
| Fish Fingers                      |        | √ wheat                                |                  |                 | √           |          |          |          |         |       |         |                 |          |                    |
| Macaroni Cheese                   |        | wheat                                  |                  |                 |             |          | <b>V</b> |          |         |       |         |                 |          |                    |
| Marbled Sponge                    |        | wheat                                  |                  | 1               |             |          | <b>V</b> |          |         |       |         |                 | <b>V</b> |                    |
| Yogurt                            |        |  |                  |                 |             |          | √        |          |         |       |         |                 |          |                    |
| Chicken Fajitas                   |        | √ wheat                                |                  |                 |             |          |          |          |         |       |         |                 |          |                    |
| Chocolate Crunch                  |        | wheat                                  |                  | $\sqrt{}$ wheat |             |          |          |          |         |       |         |                 |          |                    |
| Roast Beef & Yorkshire<br>Pudding |        | √ wheat                                |                  |                 |             |          | 1        |          |         |       |         |                 |          |                    |
| Crumble                           |        | √ wheat                                |                  |                 |             |          |          |          |         |       |         |                 |          |                    |
| Vegetable Quiche                  |        | √ wheat                                |                  | 1               |             |          | √        |          |         |       |         |                 |          |                    |
| Custard                           |        | wheat                                  |                  |                 |             |          | <b>√</b> |          |         |       |         |                 |          |                    |
| Naan Bread                        |        | wheat                                  |                  |                 |             |          | 1        |          |         |       |         |                 | 1        |                    |
| Blueberry Muffins                 |        | wheat                                  |                  | 1               |             |          | 1        |          |         |       |         |                 |          |                    |
| Pizza                             |        | wheat                                  |                  |                 |             |          |          |          |         |       |         |                 |          |                    |
| Breaded Fish                      |        | wheat                                  |                  |                 | 1           |          |          |          |         |       |         |                 |          |                    |
| Cookies                           |        | wheat                                  |                  | 1               |             |          | <b>V</b> |          |         |       |         |                 |          |                    |