





# Dishes and their allergen content—Week 2 Menu

\* Please state the name of the cereal/s (containing gluten) AND/OR the name of the nut in that column.

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide

Fish Cakes		√ wheat			√					√				
Vegetable Frittata				√			√							
Cornflake Crunch		√ barley												
Meat Balls		√ wheat												
Veggie Balls		√ wheat												
Garlic Bread		√ wheat											√	
Blueberry Tray Bake		√ wheat		√			√						√	
Sausages		√ wheat												
Cheese & Leek Sausages		√ wheat							√					
Pasta Cabornara		√ wheat					√							
Falafel		√ wheat												
Apple/Cinnamon Slice		√ wheat		√			√						√	
Chicken Dippers		√ wheat												
Veggie Grill		√ wheat												
Ice cream Roll		√ wheat		√			√							
Yogurt							√							