

Westfield Primary Dining ~ A Recipe for Success

Week 3

Week Commencing: Monday 23 September 2019, Monday 14 October 2019,

Monday

Macaroni Cheese

Fish Option

Vegetable Pasta
Bake (v)

Sweet Potato
Wedges

Two Vegetables

Chocolate
Shortbread

Tuesday

Chilli Con-carne

Fish Option

Vegetable Bean
Chilli (v)

Rice/Nachos

Two Vegetables

Iced Sprinkle
Sponge

Wednesday

Pork Sausages

Fish Option

Vegetable Sausage
(v)

Mashed Potato

Two Vegetables

Winter Berry
Crumble & Custard

Thursday

Chicken Skewers

Fish Option

Frittata (v)

Herbed Diced
Potato

Two Vegetables

Chocolate Brownies

Friday

Chicken Nuggets/
Breaded Cod Fillet

Cheese & Onion
Slice (v)

Chips

Two Vegetables

Yum Yums

Available Daily: Jacket Potatoes with Cheese, Beans or Tuna Mayo
Pittas or Wraps, Salad Bar
Fruit Yoghurts, Jelly & Fresh Fruit Portions