

Phonics Opportunities

- Help a grown up to write a shopping list.
- Draw a picture and write a note for someone in your house or for a neighbour.
- Practise writing your name in different ways (use a paintbrush and water, write with your finger in sand etc.)
- Play phonics 'snap' by writing letters on cards and matching them.



Maths Opportunities

- Go for a walk and count how many rainbows you can see in windows near by.
- Help with cooking or baking by counting/ measuring the ingredients you need.
- Draw or place a shape in each corner of the room, play a game by calling out a shape and running to the one you hear.
- Build a tower challenge—who can build the tallest tower—how many blocks tall is it?



Get creative

- Dough disco (Search on Youtube)
- Make your own rainbow (use paint, chalk or different coloured paper/materials to create a collage)
- Clap along to music, a song or rhyme. Can you keep a steady beat? Can you move in different ways to music?



Go on an indoor scavenger hunt—Find: 3 things that are the same colour, something soft, something with numbers, something small, something shiny, a matching pair of socks, something square, a word, something to draw a picture with.

Get outdoors

- Make a potion using things you find in the garden (flowers, mud, grass, twigs etc.) Use your imagination to write your own special recipe.
- Build your own obstacle course and practise moving under, over, through, jumping, crawling, shuffling and sliding!
- Make your own binoculars using kitchen/toilet roll tubes and look out for different birds in the garden.

