## **Explore music and movement**

- Play 'roll the ball' with a grown up, brother or sister. Take turns to roll it to each other.
- Ribbon dance Attach ribbon or strips of paper to a wooden spoon.
- Practise fine motor skills by threading pasta or large beads onto straws.



- Count (i.e. segments in an orange, pieces of apple) and share a snack one for me, one for you.
- Play a game by having a selection of objects on a tray and taking one away can you spot what is missing?
- Count in different ways—count as you march around, jump or clap.



Seedlings<sup>-</sup>

## **Get creative**

- Make edible paint (using whipped cream and food colouring) and do some finger painting!
- Toy tape rescue: 'Trap' some toys on a table using tape—Can you rescue them by pulling the tape off?
- Draw a picture by making large circles and lines - talk about round and round, up and down.
- Pretend play—become a firefighter outside with the hose, have a teddy bears picnic and
  give the bear something to eat or drink.



## **Get outdoors**

- Make marks with chalks and use a spray bottle to make them disappear.
- Explore rolling with different objects (toy cars, balls) down a slide or along a path.
- Use things you find in the garden (grass, flowers etc.) to make a sensory potion—talk about what they look like, colours, smells, sizes etc.)

