

Explore music and movement

- Make paper bridges and try rolling a ball underneath each one. You could also try this with cars or trains too!
- Try cutting playdough using paper scissors or child friendly scissors.
- Listen to different types of music (different genres, upbeat music, slow music etc) and explore moving to it in different ways .



Get creative

- Make teddy toast using different spreads and toppings.
- Thread pipe cleaners and/or dry spaghetti through holes in a colander.
- Explore colours by mixing paint and making marks.
- Make rainbow rice using food colouring and explore filling and pouring with different containers.



Maths Opportunities

- Sort socks—have a go at matching, sorting by size or colour.
- Count as you walk up or down steps.
- Complete a simple puzzle by matching shapes.



Get outdoors

- Practise moving around to avoid obstacles on a trike, balance bike or scooter.
- Make footprints in water with wellies on. Have a go at making the footprints close together and far apart by taking big strides.
- Make a car wash for toy cars and vehicles using soapy water, brushes and sponges.