

Explore music and movement

- Enjoy some Joe Wicks daily exercise class.
- Learn some new and different nursery rhymes and put some actions to them.
- Play follow my leader and move in different way. For example walk on tiptoes, walk slow, walk fast, bug steps etc.

Maths Opportunities

- Make some counting and matching card and encourage your child/children to help.
- Sing rhymes with numbers in example (1,2,3,4,5 once I caught a fish a live)
- Go on a number hunt in flavoured jelly



Get outdoors

- Go on a rock hunt and paint and decorate a rock and hide it while out on a walk.
- Find different colour leaves and flowers and create a nature picture.
- Enjoy family time out in the garden and have a picnic.

Get creative

- Collect some large leaves and paint and create a picture.
- Enjoy some outdoor painting with water and watch it dry.
- Make a bubble painting with washing up liquid, water, paint and a straw.

